

# the Forest Arms



## Menu

### Something Smaller

- Crab Cakes with a Chilli sauce ..... £5.95
- Brie wedges in golden crumbs with a Cranberry sauce ..... £5.75
- Paté of the day served with Toast and Chutney ..... £5.75
- Soup of the day served with crusty Bread ..... £5.75
- Garlic Mushrooms and Crusty Bread ..... £5.75
- Grilled Haloumi Cheese with Home made Chilli Jam ..... £5.75

### For the table to keep you going...

- Marinated Olives and crusty Bread ..... £5.95
- Crusty Bread and Welsh Butter ..... £2.50
- Garlic Bread ..... £3.50

### DESSERTS

All our Desserts are home made.

Please ask for our Dessert Menu if you still have room....  
they are all home made !

### Something Bigger...

**All dishes served with Skin on Chips and Peas or Salad.**

**New Potatoes and Vegetables available at an extra cost.**

- 12oz Welsh Gammon Steak with Egg, ..... £12.50/£13.00  
Fresh Pineapple or both
- Home Made Steak and Ale Pie ..... £13.95  
with our own Shorcrust Pastry and slow cooked tender Welsh Beef
- Big Battered Cod and Chips with Mushy or Garden Peas ..... £13.50
- Chicken Curry served with Rice, Mango Chutney and a Poppadum ..... £12.50  
(Half Rice and Half Chips £1.00 extra charge)
- Wholetail Scampi, Chips and Peas ..... £10.50
- Celtic Pride 8oz Sirloin steak, skin on Chips, Onion Rings, ..... £19.95  
Mushroom and Peas
- 12 oz Rump steak, skin on Chips, ..... £18.95  
Onion Rings, Mushroom and Peas
- Hunters Chicken: Breast of Chicken with Bacon and ..... £11.95  
Welsh Cheddar, smothered with home made BBQ sauce
- Fish Pie with a Mashed Potato top, ..... £13.95  
Smoked Haddock, Cod and Salmon
- Chicken Breast stuffed with Mozzarella and Wholegrain Mustard, ..... £13.95  
wrapped in Bacon
- Vegetable Curry served with Rice, ..... £10.50  
Mango Chutney and a Poppadum.  
(Half Rice and Half Chips £1.00 extra charge)

### Forest Arms Welsh Burgers

**Served in a Bun with skin on Chips, Salad, and Onion Rings**

- **The Raven Burger:** Beef, Black Pudding, Teifi Nettle ..... £12.95  
Cheese and a Tomato and Chilli Chutney
- **Fforesters Burger:** Beef, Bacon, Cheese, and Katsup ..... £12.95  
(our home made version of Ketchup)
- **Sloppy George:** Chicken Breast with Welsh Cheddar, ..... £12.95  
Sour Cream, Guacamole and Jalapeno's
- **Huntsman:** Grilled Chicken Breast with Welsh Cheddar, ..... £12.95  
streaky Bacon, Chorizo and homemade BBQ sauce

**Our Beef Burgers are home made, use local Welsh Beef and weigh 8 ozs.**

### Childrens Menu

- Breaded Plaice Goujons ..... £6.50
- Mini Welsh Beef Burger ..... £6.50
- Chicken breast Bites ..... £6.50
- Jumbo Sausage ..... £6.50

**All the above served with either Chips or mash and Peas or  
"Heinz" Baked Beans**

- Home made 9" Margherita Pizza £6.50

Please order your drinks at the Bar.

Thank You

Please ask for our summary of the key allergens  
in our food which is available, in printed form,  
from your server.

# the FOREST ARMS



## Menu

### Coffee and Tea

Our beans are from the Teifi Coffee Company, and proud that their coffee is Fairly Traded. The coffee wholesaler trades fairly and directly with the coffee farmers. They pay more than average for the coffee to re-invest in the farms and local community.

All of our coffees are profile roasted in small batches to release the optimum flavour of each bean. The master roaster 'cups' or tastes each batch to ensure flavour quality. The coffee is packed straight away to make sure every bag of Welsh Coffee is "roaster" fresh until its ready to be served.

#### Coffees

- Cappuccino ..... £3.00
- Espresso ..... £2.40
- Latte ..... £3.20
- Americano ..... £2.80
- Mug of Hot Chocolate..... £3.00
- Flavoured shots - caramel or hazelnut..... 40p

#### Speciality Coffees

- Tia Maria Floater Coffee..... £5.50
- Irish Whiskey Floater Coffee ..... £5.50
- Rum Floater Coffee ..... £5.50
- Baileys Latte..... £5.50

#### Teas served in a Mug

- Early Grey Tea ..... £3.00
- Breakfast Tea ..... £3.00
- Camomile Tea ..... £3.00
- Fruit Tea ..... £3.00
- Green Tea ..... £3.00
- Mint Tea ..... £3.00

We hope you enjoy your food, it's as locally sourced as possible. If you have a product you think we should buy, please tell us.

We invite your feedback, positive or negative, to help us refine our offer and ensure you are a happy visitor.



Please join our Facebook page so that we can tell you about food and social events if you would like to come.

Bed and Breakfast accommodation is available please ask for details

Thank you for your visit.  
George and Louise Rashbrook

## Would you like to stay longer?

***If you would like to stay with us, we have spacious B and B accommodation, with three linked bedrooms.***

***A relaxing area with a big TV, Sofa and Armchairs, fridge and Tea making facilities.***

***Ideal for groups of up to six. There is secure storage facilities for bikes with washing facilities.***

[www.forestars.com](http://www.forestars.com)

## Would you like to get married in Brechfa?

***You can marry in the Village Church and we can create a bespoke venue for you either in the Pub for up to 60 guests, or put a Marquee on to the back of the Pub for up to 120 guests. Please talk to us if you would like to explore ideas and costs.***

### Special Events

***We can also create special Menus for you for any special gathering in any room of your choice.***